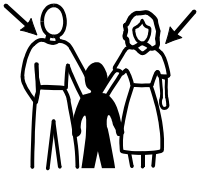
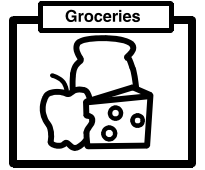


# At the Grocery Store



Sometimes we go to the grocery store.



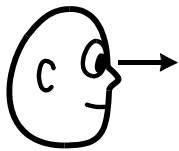
People are quiet in the grocery store.

People walk in the grocery store.

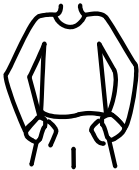


I am quiet at the grocery store.

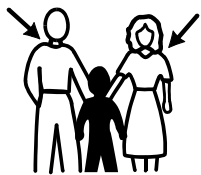
I walk at the grocery store.



I look at the food on the shelves.

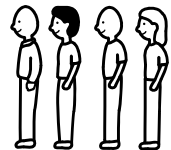


I keep my hands at my sides.

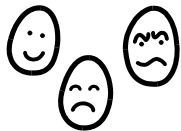


I walk with my parents.

I wait in line with my parents.



If I feel stressed or frustrated, I can use my  
"Take a Break" card.



The card lets my parents know how I feel.

My parents will help me feel better.

